



Seminar

# Aikido and Kyusho Jitsu (Dim Mak)

– Application of vital points in Atemi-Waza and Tui-Te  
Martial art practitioners of all styles are welcome!

## Jörg Weisflog

6. Dan Shandong Chuan-Fa Kung-Fu,  
Dim-Mak since 1989, Qigong, American Kenpo Karate  
40+ years of martial arts experience

## Konstantin Rekk

4. Dan Aikido Aikikai, Certified Qigong Teacher, Educa-  
tion in Acupuncture and TCM, Kyusho since 2009, 35+  
years of martial arts experience



**5-6 March 2016**

**Location:**  
**Sportjugendzentrum**  
**Lychener Str. 75**  
**10437 Berlin**

**Contact/Registration:**  
**Konstantin Rekk**  
**+49 176 2100 6000**  
**kontakt@tanden-aikido.de**

**Schedule:**

Saturday 11:00 – 13:30, 16:00 - 18:00

Sunday 11:00 - 14:00

**Prices:**

Complete: 70,- Euro

Single class: 30,- Euro (25,- Saturday afternoon class)

The number of participants is limited.

Please register soon!

**Overnight Stay**

A limited number of participants can sleep in the Dojo Lychener Str. 73 for 5,- €.

**Liability exclusion**

Participation is at your own risk.

**Kyusho Jitsu (Dim Mak)** – the secret art of self-defense and healing

Studying Pressure Points and their effects can help you to increase your understanding and awareness of your own body-energy system and that of your partner.

The same Pressure Points are used for healing as well as in martial arts to enhance control, induce a certain reaction and directed movement in the attacker or weaken their structure and power.

Dim-Mak has nothing to do with magic or mystic powers, it is a combination of medicine and martial arts.

**Tuite (chin. Chin Na)**

Tuite is a term describing joint lock techniques used in the martial arts to control or lock an opponent's joints or muscles/tendons so they cannot move, thus neutralizing the opponent's fighting ability

**Atemi**

The Japanese term atemi designates blows to the body. Atemi can be delivered by any part of the body to any part of the opponent's body. They can be percussive or use „soft“ power. The location of nerve and Pressure Points often guides the choice of targets for atemi.

Links:

<http://www.tanden-aikido.de>

<http://dim-mak.de>